



## **SPRING 2007 LEARN TO SKATE AT NANTUCKET ICE**

**FRIDAY CLASSES:** April 27, May 4, 11, 18, 25, June 1, 8, 15

### **POPSICLES Fridays 4:00 pm**

\$140/8 weeks

For beginners ages 4-6 or those with little experience.

### **BASIC SKILLS Levels 1-8 Fridays 3:00 pm**

\$140/8 weeks

Refine basic skills with focus on gliding, turning & edges; advancing to beginning spins & jumps.

### **NEW INTRO TO SYNCHRO Fridays 2:45 pm**

\$200/8 weeks (includes Basic)

Skaters must have passed Basic Skills 3 or have permission from head coach for this class.

Taken concurrently with Basic Skills. Learn the basic elements of Synchronized Skating, Circle, Block, Wheel, Line, Intersection. Learn a routine to be performed in the End of the Year Show.

## **OTHER CLASSES**

### **PARENT/GUARDIAN AND TOT SKATE**

\$120/6 weeks or \$25 drop in

Tuesdays at 8:30 am. Ongoing. Fee includes half hour "on ice" lesson followed by practice time during public skate. Fee also includes skate rentals & mini treat from the Penalty Box Café. Designed to make a child's first skating experience a positive one with their favorite skating companion.

### **NEW BASIC HOCKEY SKILLS Dates & Time TBA**

\$140/8 weeks

Introduction to Hockey Skills. Stance, Stops, C Cuts and Hockey Turns.

Recommended for House Mites or those wishing to begin in the Youth Hockey Program.

### **MOVES IN THE FIELD/FREESTYLE for CHILDREN/ADULTS**

For registration information, please contact Belinda Yancy at the rink.

Moves in the Field helps to develop all basic fundamental edges and turns while emphasizing edge quality, extension, quickness and power. Freestyle teaches jumps, spins and footwork while enabling skaters to develop their own style.

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- \* Register for any two or more classes and save 10% on total. Registration at the rink or forms on line [www.nantucketice.org](http://www.nantucketice.org)
  - \* Class instructors are coaches Kristin DeFrancisci and Belinda Yancy with assistant coaching provided by members of the Nantucket Skating Club.
  - \* Private and semi private skating lessons are also available with our coaches Kristin Defrancisci 508 362 5085 or Belinda Yancy 508 241 1755.



PO Box 3155 Nantucket Massachusetts 02584  
Telephone 508 228 2516 Fax 508 325 0446

[www.nantucketice.org](http://www.nantucketice.org)  
E-mail: [icerink@nantucket.net](mailto:icerink@nantucket.net)