

SPRING
2010

LEARN TO SKATE

at NANTUCKET ICE
Beginning in APRIL 2010



The Christopher Nugent Bovers Community Rink

US FIGURE SKATING
Basic Skills Program



- * Skating classes are coached by Kristin DeFrancisci and Belinda Yancy. Assistant coaching provided by members of the Nantucket Skating Club.
- * Nantucket Ice offers Family discounts for multiple registrations within a family.
- * Rental Skates are \$2 during classes.
- * Private and semi private skating lessons are also available with coaches Kristin DeFrancisci 508 362 5085, Belinda Yancy 508 241 1755 and Laura Edmunds 508-360-6069.

POPSICLES

Thurs April 1, 8, 15, 29, May 6, 13, 20, 27

For beginners ages 4-6 or those with little experience.

Thurs 4:10 pm

\$150/8 weeks

BASIC SKILLS level 1-4

Fri April 9, 16, 30, May 7, 21, 28, June 4, 11

Refine basic skills with focus on gliding, turning & edges; advancing to beginning spins & jumps.

Fri 3:30 pm

\$150/8 weeks

BASIC SKILLS level 5-8

Fri April 9, 16, 30, May 7, 21, 28, June 4, 11

Refine basic skills with focus on gliding, turning & edges; advancing to beginning spins & jumps.

Fri 4:30 pm

\$150/8 weeks

HOUSE SYNCHRO/BASIC SKILLS

Fri April 9, 16, 30, May 7, 21, 28, June 4, 11

Improve your skating and discover the fun of skating as a team. Learn the elements of synchronized skating i.e. pin wheel, block, circle, intersection. No travel required.

Fri 3:00 pm

\$250/8 weeks

PARENT/GUARDIAN & TOT w/ "Miss Amy"

Thurs April 1, 8, 15, 29, May 6, 13, 20, 27

Fee includes half hour "on ice" lesson and half hour practice time. Designed to make a child's first skating experience a positive one with their favorite skating companion.

Thurs 9:00 am

\$150/8 weeks

NEW SYNCHRO CONDITIONING

Tuesday, April 6, 13, 27, May 4, 11, 18

Intensive training with focus on intricate formations and challenging step sequences. Speed, edge quality and presentation. Team building & artistry.

Tues 2:45pm

\$150/6 weeks

NEW "BEYOND THE BASICS" and "POWER"

Saturday, April 10, 17, May 1, 8, 22, June 5

Work on Jumps, Spins, Moves in the Field. Increase your endurance, maximize overall skating skills and core strength For pricing and registration, please contact the Nantucket Skating Club.

Sat 8:00 am

6 weeks

NEW "POWER" and "PERFORMANCE & PRESENCE" Sat 8:45 am

Saturday, April 10, 17, May 1, 8, 22, June 5

Increase your endurance, maximize overall skating skills and core strength. Command the ice and dazzle your audience. Musical interpretation. For pricing & registration, please contact the Nantucket Skating Club.

6 weeks

SKATING SKILLS FOR BOYS w/ Jason Scavilla

Monday, April 12, 26, May 3, 10, 17, 24

Become a better skater, not necessarily as a preliminary to hockey. Work on stopping, crossovers, power, edges, turning, and more.

Mon 6:00 pm

\$110/6 weeks

Sun, June 13, 2010 Talk to your coach.

**NANTUCKET CLASSIC
BASIC SKILLS COMPETITION**
www.nantucketskatingclub.com

ADULT HOCKEY SKILLS

with Jason Scavilla
Thursdays 6 pm
Starts April 15th
6wks/\$110

ICE-R-CISE For adults

7:15 to 8:50 am Thursdays
Starts Thursday April 8, 2010
1/2 hr group instruction. 1 hour open skating.
Some skating skills required.
\$80 for 8 classes or \$15 drop in

Stom To Go

228-7426
Thai Food & Snack Bar

PO BOX 3155, NANTUCKET, MA 02584
TEL 508-228-2516 FAX 508-325-0446

www.nantucketice.org
email: iceskate@nantucket.net

